

## What is BPH?

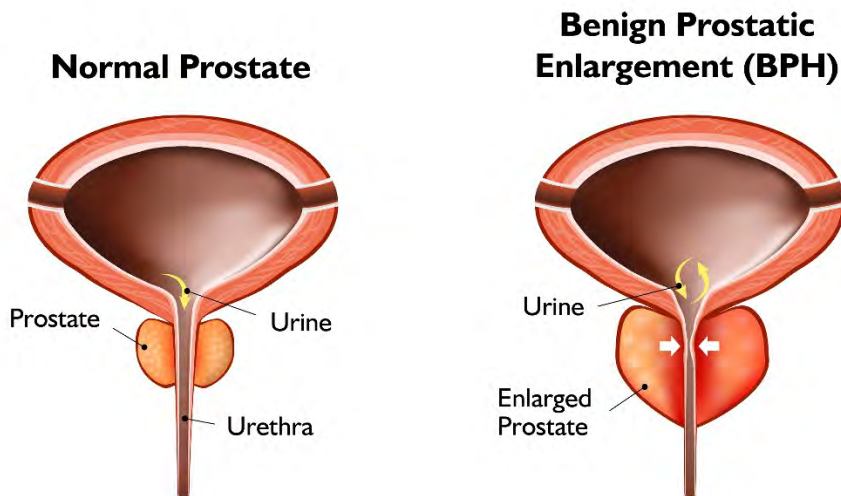
Benign Prostatic Hyperplasia, or BPH, is a condition in which the prostate enlarges as men get older. BPH is a very common condition that affects over 40 million Americans and over 500 million aging men worldwide. Over 40% of men in their 50s and over 70% of men in their 60s have BPH<sup>1</sup>. While BPH is a benign condition and unrelated to prostate cancer, it can greatly affect a man's quality of life.

As the prostate enlarges, it presses on and blocks the urethra, causing bothersome urinary symptoms such as:

- Frequent need to urinate both day and night
- Weak or slow urinary stream
- A sense that you cannot completely empty your bladder
- Difficulty or delay in starting urination
- Urgent feeling of needing to urinate
- A urinary stream that stops and starts

If you suffer from the above symptoms, you are not alone. BPH is the leading reason men visit a urologist.<sup>2</sup>

You can measure the severity of your BPH symptoms by taking the [International Prostate Symptom Score \(IPSS\)](#) questionnaire.



1. Berry, et al., Journal of Urology 1984
2. IMS Health NDTI Urology Specialty Profile Report 2013

# The UroLift® System Treatment

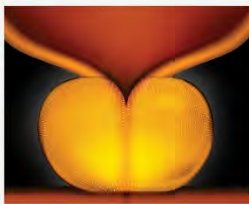
## What is the UroLift System?

Treatment with the UroLift® System uses a minimally invasive approach that provides rapid relief and recovery of BPH symptoms.<sup>1</sup> It is an earlier treatment option that can get men off BPH medications and avoid major surgery. The goal of the UroLift System treatment is to relieve symptoms so you can get back to your life and resume your daily activities.

The UroLift® System treatment has demonstrated a significant improvement in quality of life for patients compared to medications.<sup>2,3</sup> The UroLift® System is the only BPH procedure shown not to cause new and lasting erectile or ejaculatory dysfunction\*, while being a safe and effective treatment of lower urinary tract symptoms due to BPH.<sup>1,3-6</sup>

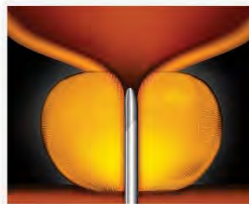
## How Does The UroLift® System Work?

The UroLift® System uses a revolutionary approach to treating BPH that lifts and holds the enlarged prostate tissue so it no longer blocks the urethra. It is the only available BPH treatment performed by a urologist that does not require heating, cutting, or removal of the prostate tissue. The procedure is typically performed using local anesthesia in a physician's office or ambulatory surgery center. Patients typically return home the same day without a catheter.<sup>1</sup>



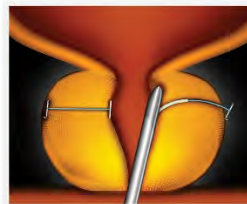
### Enlarged Prostate

An enlarged prostate can narrow or even block the urethra.



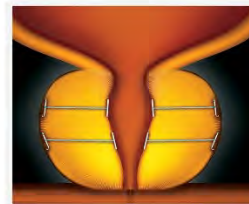
### Step 1

The UroLift Delivery Device is placed through the obstructed urethra to access the enlarged prostate.



### Step 2

Small UroLift Implants are permanently placed to lift and hold the enlarged prostate tissue out of the way and increase the opening of the urethra.



### Step 3

The UroLift Delivery Device is removed, leaving an open urethra designed to provide symptom relief.

1. Roehrborn, J Urol 2013, L.I.F.T. Study
2. AUA Guidelines 2003
3. Roehrborn et al. Can J Urol 2017
4. Roehrborn, Can J Urol 2015, 3-Year L.I.F.T. Study
5. Roehrborn, Urology Practice 2015, 2-Year L.I.F.T. Study
6. Roehrborn Urology Clinics 2016

\*No instances of new, sustained erectile or ejaculatory dysfunction

# Frequently Asked Questions

## **Who is a good candidate for the UroLift® System treatment?**

You may be a good candidate if you are a male, 45 years of age or older, and have symptoms relating to BPH. Speak with your urologist to see if the UroLift® System treatment is right for you. If you have a known allergy to nickel, titanium or stainless steel, talk to your doctor about your allergy before getting a UroLift System treatment.

## **What should I expect during the treatment? Is it painful? How long does it take?**

If you and your doctor decide that the UroLift® System treatment is right for you, your doctor will provide you with more detailed information relating to the treatment. In general, the UroLift System is a minimally invasive treatment that entails minimal downtime. Your doctor will use the UroLift Delivery Device to deploy permanent implants to relieve obstruction caused by the enlarged prostate that is pressing on your urethra. The procedure, which usually takes less than an hour, may be performed under local or general anesthesia and you may be given medication to feel comfortable during the treatment. This typically helps minimize discomfort during the procedure, though everyone's definition for pain and discomfort varies greatly. Typically, no catheter and no overnight stay is required post-treatment<sup>1</sup>.

## **What happens post-treatment, during the recovery period? Are meds required?**

After the treatment, patients typically go home the same day without a catheter. There is minimal downtime post-treatment and many patients experience symptom relief in as early as 2 weeks. Patients may experience some urinary discomfort during the recovery period. Most common side effects are mild to moderate and include pain or burning with urination, blood in the urine, pelvic pain, urgent need to urinate and/or the inability to control the urge. Most symptoms resolved within two to four weeks after the procedure.

## **Does the treatment affect my sexual function?**

Clinical studies have shown the UroLift® System treatment does not cause new, sustained instances of erectile or ejaculatory dysfunction<sup>1</sup>. The same cannot always be said of other BPH therapies such as TURP, laser, and even medication.

## **Does my insurance cover the treatment?**

The UroLift® System treatment is covered by Medicare and many private insurers. Contact your insurance provider for your specific coverage information.

## [More Frequently Asked Questions](#)

1. Roehrborn, J Urology 2013 LIFT Study